

Device Guide

Three-Point Extension Spinal Orthosis

PURPOSE

This orthosis is designed to keep you from bending (flexing) in the thoracic spinal area. It will still allow you to bend at your hips, and hyperextend your back, just not bend forward.

DONNING INSTRUCTIONS

1. The orthosis should extend from your sternum to your pubic bone.
2. The strap that wraps around your back should be centered on your back.
3. The orthosis should be worn as snug as possible. This will help prevent your spine from flexing forward, thus providing better support. It will also keep the orthosis from shifting on your body.

BREAK-IN SCHEDULE

Your doctor will specify how long you are to be wearing the brace.

CLEANING INSTRUCTIONS

- To clean this orthosis you can wipe it down with a damp towel using rubbing alcohol or anti-bacterial soap. This will help properly disinfect the brace.
- It is recommended you wear a t-shirt under the orthosis. It will help absorb perspiration, and keep the plastic pads from sticking to the skin.

PRECAUTIONS

- Always make sure the brace is tight. If the brace is loose it will not provide adequate support. It will also have a tendency to migrate.

MAINTENANCE

- Over time straps tend to wear out and componentry on the brace may need to be replaced or adjusted. Contact your orthotist if you have questions.

DON'T HESITATE TO CONTACT US

If you have a change in your condition or if you experience significant weight gain or loss, it is important to have your spinal orthosis reassessed. Lawall takes great pride in our continuing care program. Seeing our patients for regular follow-up visits helps to avoid problems before they become major issues. Don't hesitate to call or make an appointment if you have any questions. 1-800-735-4627