

Device Guide

Cervical Orthosis

PURPOSE

The purpose of a cervical orthosis is to provide support for the cervical spine. The type of orthosis prescribed will determine the degree to which cervical motion is controlled. Flexion, extension, or rotation may be completely restricted or the orthosis may simply serve as a reminder to avoid certain motions.

DONNING INSTRUCTIONS

1. Always loosen all the straps as much as possible.
 2. Be sure that the orthosis is oriented properly.
 3. Tighten the straps as tight as you can tolerate.
- This will maximize compression and decrease the amount of brace migration.

BREAK-IN SCHEDULE

Your physician will determine the amount of time you will wear the orthosis, and it is usually contingent upon your diagnosis.

CLEANING INSTRUCTIONS

- If it needs to be cleaned it is best to hand wash the padding and let it air dry.
- Keep all straps free of lint; a lint build up will decrease the effectiveness of the straps.
- Don't expose the brace to excessive heat; it could cause the plastic to deform.

PRECAUTIONS

- Make sure you always wear the brace snug. If the brace is not tight it will not be effective.
- If the brace becomes damaged or the straps are not adhering properly you should call your practitioner, to have the brace evaluated.

DON'T HESITATE TO CONTACT US

If you have a change in your condition or if you experience significant weight gain or loss, it is important to have your orthosis reassessed. Lawall takes great pride in our continuing care program. Seeing our patients for regular follow-up visits helps to avoid problems before they become major issues. Don't hesitate to call or make an appointment if you have any questions. 1-800-735-4627